



Erving
Elementary
School
Eagle Express

January 4, 2019

Important Dates

Wednesday, January 9th

PTO Meeting 6pm

Tuesday, January 15th

School Committee Meeting

7pm Conference Room

Wednesday, January 16th

Savings Makes "Cents"

School Council 3:30pm

Thursday, January 17th

All School Sing 2:30pm

In the gym

Weekly Parent/Guardian School Newsletter

Dear Families and Friends of Erving Elementary School,

Happy New Year! May you and your family be blessed with health and happiness throughout the coming year.

In this newsletter I have included a copy of the Rural Schools Superintendent Coalition letter to Governor Baker requesting an increase to the Chapter 70 funding that schools such as Erving receive via the state budget. Over the past 2 years, Superintendent Haggerty has been partnering with this coalition to help us overcome the severe challenges that face our local school systems. We are extremely fortunate that Erving residents support a quality education; however, that is not the case for many of our surrounding district schools.

On Monday, January 7 please consider attending the education public hearing that is being hosted at Mahar Regional School, beginning at 6pm. Our voices are important and our students deserve the best education. I hope to see many of you there.

That rarest of things has emerged among experts on child development, education, and health: a consensus. They agree that social and emotional learning (SEL) skills matter to kids' growth and well-being. Research shows the benefits of social and emotional learning in achieving positive academic, interpersonal, and mental health outcomes. Children empowered with these skills participate in classroom activities more, develop better friendships, and maintain positive relationships with teachers. SEL skills also support overall well-being and build resilience, ultimately helping those who master its concepts achieve success in school, career, and life. (The Wallace Foundation 2018).

Our goal at EES is to prepare our children to be caring, ethical, contributing adults and to make a difference in the lives of those people around them. Our staff integrates SEL skills into daily practice. We extend SEL beyond the classroom, into unstructured areas of the school such as the playground, cafeteria and hallways. You may hear that we take the time to teach strategies in real-time teachable moments. When our children depart EES, they should have the necessary skills to navigate the difficulties that somehow have exploded across our world over the course of these past few years. We look to every member of our community to join us with the task of teaching SEL during out-of-school moments, as there tends to be unique opportunities to develop relationships that cannot be replicated within a school setting. Over the course of the next few months EES will be hosting 2 evening presentations that will be led by a world-renowned social educator. We have also started to build a set of library materials/resources that parents and members of our community can check out at school. Please stay tuned for more information on this topic.

Have a wonderful weekend.

Jim



Happy New Year

Holiday Concert and Cookie Exchange

What an amazing job all of our students did during the holiday concert. Our students were serenaded by the staff to start off the festivities at 930 am in the well. Staff sang songs and played instruments and students were thrilled to chime in. ☺ Shortly after this the students all assembled in the gym for the concert. Band students played many songs and our chorus sang very beautifully.

We had an amazing turn out from the parents and community members. We had well over 100 people attend this year. We would like to thank the volunteers who came in and sorted cookies for this event. Kelly Loynd was instrumental in getting enough support so we could all enjoy the fun. Thank you to you all for your efforts.

Please enjoy some photos of the morning's events.





Message from the School Nurse

Important Illness Update!

Erving Elementary was spared the vomiting bug until this week. This virus is extremely contagious and spreads quickly through schools. If your child complains of an upset stomach please **DO NOT** send them to school. In an effort to keep the spread of the bug to a minimum, I am writing to remind families of our school policy. If your child

does vomit they are not allowed to return to school for a full 24 hours after they have vomited – even if it only happened once. Likewise, if your child has a fever they should not return to school until they have been fever-free (without the help of medications like Tylenol or ibuprofen) for a full 24 hours. By following these simple guidelines we can keep our students, staff and families healthy in 2019.

If you have any questions regarding this or other health issues, please contact Gail Dubreuil at (413) 423-3326 or dubreuil@erving.com

WIPE AND BLOW YOUR NOSE

poem for kids

COVER YOUR MOUTH when

you cough or **SNEEZE**.

USE A TISSUE or elbow

please!

WIPE YOUR NOSE and

throw the germs **AWAY**.

WASH YOUR HANDS with

soap and now we **PLAY!**

SUGARALINTS.COM

Must Be Flu Season....



Germ Sharing Is Not Cool

TIPS FOR MOMS ON STOPPING THE
SPREAD OF STOMACH BUGS



Massachusetts Rural Schools Coalition
24 Ashfield Road
Shelburne Falls, MA 01370



December 18, 2018

Governor Charlie Baker
Massachusetts State House
24 Beacon St.
Office of the Governor, Room 280
Boston, MA 02133

Dear Governor Baker:

The Massachusetts Foundation Budget Review Commission has recommended significant changes to the state's archaic educational funding formula. While welcome, none of these changes would address the unique needs of the Commonwealth's rural public schools. This is perhaps not surprising given that Massachusetts is among the least rural states within the nation, but it is no consolation to the nearly 100,000 students attending public schools in rural parts of the Commonwealth. Therefore, as the Commonwealth of Massachusetts revisits the state's educational funding formula in 2019, the Massachusetts Coalition of Rural Schools strongly urges that the following rural-specific conditions and recommendations be addressed:

Conditions

- Student enrollment has declined significantly in rural Massachusetts public schools since the turn of the millennium.
- Chapter 70 general educational funding to rural Massachusetts public schools has remained essentially flat during this long period.
- At the same time, operating costs have risen persistently in rural Massachusetts public schools despite significant efforts to consolidate and economize.
- The combination of factors has resulted per pupil costs that are significantly higher than the state average and has forced much of the burden of those costs onto small rural towns that are themselves facing critical financial issues. The result is a growing financial and educational crisis within rural Massachusetts public schools.

- *Fundamentally, rural Massachusetts public schools lack economies of scale and are financially and educationally unsustainable in a funding model designed for growing suburban and urban schools.*

Recommendation

- Introduce a rurality factor into the Massachusetts public educational funding formula that takes into consideration the following unique rural conditions:
 - Limited economies of scale
 - Low student density
 - Large geographic districts
 - High fixed costs
 - High transportation costs
- Consider the “Wisconsin model” – Wisconsin has established sparsity aid for its rural school districts and is providing a funding level of \$400 per student for districts meeting well-defined criteria in the 2018-2019 school year.

The Massachusetts Coalition of Rural Schools greatly appreciates the \$1.5 million Rural School Aid provided in the state’s fiscal year 2019 budget. This funding does begin to recognize the particular needs of rural public schools within the Commonwealth, but is a one-time support that does not truly attack the long-term issues of sustainability our rural schools face. In order to provide Massachusetts rural public school students with an adequate education, it is truly imperative that state leadership address the unique needs of its rural students within the Massachusetts public educational funding formula. Please remember that every rural student wants to succeed too.

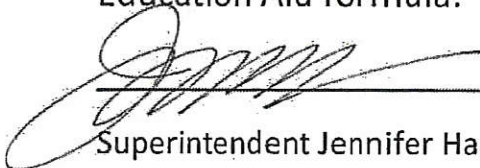
Sincerely,




Michael A. Buoniconti
Chairman, Massachusetts Rural Schools Coalition
Mohawk Trail Regional School District
Hawlemont Regional School District



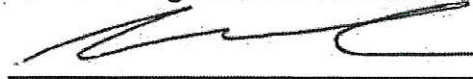
Massachusetts Rural Schools Coalition members in support of letter dated December 18, 2018, to Governor Baker advocating for the introduction of a rurality factor into the Massachusetts Chapter 70 Education Aid formula.




Superintendent Jennifer Haggerty
Erving School Union #28




Superintendent Sheila Muir
Quabbin Regional School District



Superintendent Aaron Osborne
Hampshire Regional School Districts



Superintendent John Robert
Hatfield Regional School District



Superintendent Jonathan Scagel
Pioneer Valley Regional School District



FUND OUR FUTURE

Every student deserves an excellent education.
Are our students getting what they need?

Join parents, educators, students and others at a community forum to share our vision for public education in our region.

The stretch of Route 2 between Athol and Turners Falls includes the districts of Athol-Royalston, Mahar, Orange, Petersham, New Salem-Wendell, Erving, Gill-Montague, and Pioneer.

The state is underfunding schools in these communities by over \$5 million each year, according to estimates based on the non-partisan Foundation Budget Review Commission. That loss impacts our region's ability to provide small class sizes and adequate art and music, librarians, counselors, academic support for struggling students, asbestos and mold remediation and a host of other issues.

Join Representative Susannah Whipps and Senators Anne Gobi and Jo Comerford to discuss the challenges our communities face educating our children without adequate funding from the state.



6 – 8 PM

**Mahar Regional
High School
Library**

507 South Main St.
Orange, MA 01364

For more information about the *Fund Our Future* campaign, visit massteacher.org/fundourfuture

January - Lunch 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| Chicken noodle soup w/cottage cheese & a wg bread stick & crackers, w/fruit & veg of the day & milk | | 2 Nachos w/ground beef & cheese, sliced carrots, fresh oranges & milk | 3 Chicken nuggets, oven fries, diced peaches & milk | 4 Cheese or pepperoni pizza, green beans, fresh apple & milk |
| HM veg soup w/ham & cheese sandwich served w/fruit & veg of the day & milk | 7 BBQ chicken strips, rice, steamed broccoli, applesauce & milk | 8 Soft beef taco w/sour cream, salsa, cheese & lettuce, corn & black bean salad, pineapple & milk | 10 Hot turkey sandwich, mashed potato, fresh apple & milk | 11 Cheese or pepperoni pizza, wax beans, diced peaches & milk |
| HM chicken corn chowder, tuna sandwich, fruit & veg of the day & milk | 14 Salisbury steak w/rice, steamed broccoli, diced pears & milk | 15 Chicken taco w/lettuce, salsa, sour cream, three bean salad, diced peaches & milk | 17 Chicken patty on a wg roll, oven fries, diced peaches & milk | 18 Cheese or pepperoni pizza, green beans, pineapple & milk |
| Chicken salad sandwich, yogurt, fruit & veg of the day & milk | 21 Martin Luther King Jr. Day No School | 22 Hamb/cheeseburger on a wg roll, baked beans, diced pears & milk | 24 Chicken & gravy over mashed potato, sliced bread, corn, diced peaches & milk | 25 Cheese or pepperoni pizza, green beans, fresh apple & milk |
| Egg salad sandwich w/fruit & veg of the day & milk | 28 Chicken filet on a wg roll, steamed broccoli, applesauce & milk | 29 Beef chili, corn & black bean salad, breadstick, diced pears & milk | 31 Ham & cheese bagel melt, oven fries, pineapple & milk | 1 Feb Cheese or pepperoni pizza, wax beans, diced peaches & milk |

sandwiches are made using whole grain bread, salad is served with a whole grain breadstick & whole grain croutons. Each meal is served with a choice of 1% white, skim, 1% choc or fat free strawberry milk. Water is available during meal, but must be taken in addition to milk. All meals are subject to change without notice. All salads are served with a protein such as yogurt, meat/meat alternative, cheese or egg. Salad is made with romaine lettuce. \$.50 for milk w/home lunch

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*WG = whole grain

*WW = whole wheat

*HM = homemade

*NO CRANBERRIES FOR PREK-K

January - Breakfast 2019

| Alternative | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|---|--|---|---|---|
| Assorted cereal, fruit & milk | | | 2 Assorted cereal, fruit & milk | 3 French toast sticks, syrup, fruit & milk | 4 Strawberry smoothie, graham crackers, fruit & milk |
| | 7 HM breakfast muffin, yogurt, fruit & milk | 8 Waffles, syrup, fruit & milk | 9 Scrambled eggs, toast, fruit & milk | 10 HM pancakes, syrup, fruit & milk | 11 Blueberry smoothie, graham crackers, fruit & milk |
| | 14 Bagel & cream cheese, fruit & milk | 15 French toast sticks, syrup, fruit & milk | 16 Turkey sausage, egg & cheese on an English muffin, fruit & milk | 17 Waffles, syrup, fruit & milk | 18 Peach smoothie, graham crackers, fruit & milk |
| | 21 Martin Luther King Jr. Day No School | 22 French toast sticks, syrup, fruit & milk | 23 Ham, egg & cheese bake, toast, fruit & milk | 24 HM pancakes, syrup, fruit & milk | 25 Strawberry smoothie, graham crackers, fruit & milk |
| | 28 HM breakfast muffin, yogurt, fruit & milk | 29 Waffles, syrup, fruit & milk | 30 Scrambled eggs, toast, fruit & milk | 31 HM pancakes, syrup, fruit & milk | Feb. 1 Blueberry smoothie, graham crackers, fruit & milk |

Breakfast is served with a choice of 1% or skim milk. Water is available during meal times, but must be taken in addition to the milk

According to the Food Research and Action Center students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness. Students who eat breakfast also show greater improvements in math scores, attendance, punctuality, depression, anxiety and hyperactivity than children who don't participate in a school breakfast program.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

PRACTICED ROUTINES:

Positive Behavior Support Program for Parents

Developed by Dr. Meme Hieneman, BCBA & IRIS Educational Media

Delivered by Behavior Research Team members from the UMass Amherst School Psychology program under the supervision of Dr. Sarah Fefer, BCBA

Have you ever struggled to understand your child's behavior? Perhaps you have a New Year's resolution to have more positive family time? Join us for Practiced Routines!

Routines are important to families, but may be difficult to establish in families raising children with challenging behavior. During this training, you will learn about the different purposes your child's behavior might serve and how to use proactive, teaching, and management strategies that fit your home and community circumstances.

If you have a child in preschool or elementary school and would like to learn how to use the principles of Positive Behavior Support to improve your valued routines and family life in general, you are a great candidate for a **FREE 3-week parent training program called Practiced Routines.**

Sessions-at-a-Glance

| Session 1 on 1/10 | Session 2 on 1/17 | Session 3 on 1/24 |
|--|---|--|
| <ul style="list-style-type: none">• Introduction/Overview• Identifying Goals/Routine• Recording Behavior and Finding Patterns | <ul style="list-style-type: none">• Activity Check• Analyzing Patterns• Creating a Routine-Based Behavior Support Plan | <ul style="list-style-type: none">• Activity Check• Using Plan with Fidelity• Transferring to New Routines• Maintaining Practices |
| Practice Activities | Practice Activities | |
| <ul style="list-style-type: none">• Watch: Watching and Recording Behavior &• Identifying Patterns• Do: Recording Behavior &• ABC Recording | <ul style="list-style-type: none">• Watch: Proactive Strategies, Teaching Skills, & Managing Consequences• Do: Routine-Based Plan & Recording Behavior | |

Training Dates/Times: Thursdays from 5:30-7:30 (January 10, 17, & 24)

Family style dinner will be provided, and childcare will be available by request

Training Location: Furcolo Hall, University of Massachusetts Amherst

To register for this **FREE** training or to learn more:

Email Simone Boykin at sboykin@umass.edu OR call Marina Donnelly at 908-462-2124

Hurry, registration will close on January 7th, 2019

Hope to see you soon!



Practiced RoutinesTM
Improving Family Life for Children with Autism and Developmental Disabilities



Northampton Area Pediatrics Parenting Workshops 2018-2019

Join pediatrician,
Jonathan Schwab, M.D.,
and clinical psychologist,
Sharon Saline, Psy.D, and
invited guest speakers
for a short presentation
and Q & A. Gain insights
and ask your questions!



Sundays
4pm to 5:30pm
193 Locust St.,
Northampton

All parenting workshops
are free of charge and
open to the public.

September 30th

How to Teach (and Learn From) Our Kids about Sex with Jane Fleishman, MD

October 14th

Parenting Preschoolers with Confidence, Clarity and Empathy with Sarah Abel, LICSW

November 18th

An Introduction to Counseling and Mental Performance Skills Training for Young Athletes with Ben Thompson, LICSW

December 2nd

When Worrying Takes Over: Managing Anxiety in your Child or Teen with Sharon Saline, PsyD and Jonathan Schwab, MD

January 13th

Autism Spectrum Disorders from Toddlers to Teens with David Kieval, PsyD, BCBA, Peter Everett, MD, and NAP Care Coordinators Jill Quinn and Jacqueline Riel

February 10th

Picky Eating from Toddlers to Teens with Ana Maria Moise, MS CNS LDN, Michele LaRock, MS RDN LDN and Kristen Deschene, MD

March 3rd

Everything You Want to Know about Parenting an ADHD Child or Teen with Sharon Saline, PsyD and Jonathan Schwab, MD

April 7th

Marijuana and Vaping: Are They Really Harmless? with Jonathan Schwab, MD

May 5

Raising Digital Kids: How to Manage Screens in your Family with More Cooperation and Less Yelling with Sharon Saline, PsyD



RSVP
contactus@napeds.com
(413) 517-2226

